



**2022 OMEGA Scholarship
Application
Recommendation Letter
Guidelines**

Submissions due May 15, 2022

2022 OMEGA Scholarship Application Recommendation Guidelines

OMEGA: Opportunities for Multigenerational Exchange, Growth and Action

Through the generous sponsorship of the Massachusetts Institute of Technology (MIT) [AgeLab](#), [AlerisLife](#), and [AARP Massachusetts](#), the MIT AgeLab's Opportunities for Multigenerational Exchange, Growth and Action (OMEGA) program is proud to offer **five \$5000 college scholarships** to recognize the efforts that teens are making to create multigenerational connections. **High school juniors and seniors in the U.S. are eligible to apply.**

Each award will include a \$5000 college scholarship to the winning student and \$1000 to the winning student's intergenerational initiative to support its activities. The OMEGA Scholarship is intended to amplify and support student's contributions to building initiatives, organizations and institutions that connect teens with older adults. Up to two of the five scholarships may be designated specifically for applicants who have engaged in intergenerational programming in [Five Star Senior Living](#) communities.

Applications are due May 15, 2022. Winners will be announced in August 2022 and will be invited to present their work at a virtual OMEGA scholarship awards reception (specific date to be determined). For more information about the OMEGA program, please visit our website at <https://agelab.mit.edu/get-involved/outreach/omega/>. Any questions leading up to the submission deadline are welcome. Please call or email the MIT AgeLab at 617-253-1894 or omegamit@mit.edu if you have any questions about completing a recommendation letter.

Background Information

About the MIT AgeLab

The Massachusetts Institute of Technology [AgeLab](#) is a research program started in 1999 to invent new ideas and creatively translate technologies into practical solutions that improve the quality of life of older adults and those who care for them. Through research ranging from longevity planning to caregiving, transportation, smart home, multigenerational work, and more, the AgeLab draws upon resources across MIT and applies user-centered systems thinking to understand the challenges and opportunities of longevity and emerging generational lifestyles to catalyze innovation in society, business, and government. Follow the MIT AgeLab on Twitter ([@MIT AgeLab](#)).

About AlerisLife Inc.

AlerisLife (Nasdaq: ALR) enriches and inspires the lives of its older adult customers across the United States by delivering an exceptional and enhanced resident experience to senior living and active adult residents, while also offering lifestyle services to the younger “choice-based” consumer. The company is headquartered in Newton, Mass. For more information, visit www.alerislife.com.

About AARP Massachusetts

AARP is the nation’s largest nonprofit, nonpartisan organization dedicated to empowering people 50 and older to choose how they live as they age. With a nationwide presence and nearly 38 million members, AARP strengthens communities and advocates for what matters most to families: health security, financial stability and personal fulfillment. AARP also produces the nation's largest circulation publications: AARP The Magazine and AARP Bulletin. To learn more, visit www.aarp.org, www.aarp.org/espanol or follow @AARP, @AARPenEspanol and @AARPadvocates, @AliadosAdelante on social media.

About OMEGA

OMEGA was created by the MIT AgeLab to support the development and growth of student-led programs and clubs that connect high school students with older adults. The goal of OMEGA is to strengthen relationships and promote connections across generations. OMEGA convenes student summits, virtual calls and other events each year in an effort to encourage students to connect across generations, brainstorm and share programming ideas, and to plan and carry out intergenerational programs and projects in their communities.

OMEGA Scholarship Guidelines for Recommenders

Eligibility and Application Requirements

- For the scholarship, students respond to a series of questions about their involvement with an intergenerational initiative. Applications should be based on an initiative already implemented.
- In order for a scholarship to be considered complete, a recommendation letter in support of the applicant's scholarship application, must be **completed and submitted by** a recommender. This letter can be submitted via an online form at <https://agelab.mit.edu/get-involved/outreach/omega/>, emailed to omegamit@mit.edu, or mailed to The MIT AgeLab, Attn: OMEGA Scholarship Committee, 77 Massachusetts Avenue, E40-275K, Cambridge, MA 02139. Please email us at omegamit@mit.edu or give us a call (617-253-1894) if you intend to mail-in a recommendation so we can keep a look out for it.
- The recommendation letter should include:
 - your name, title, organizational affiliation, e-mail address and phone number;
 - the name of, how long, and in what capacity have you known the applicant;
 - the name of the applicant's intergenerational initiative;
 - the role you serve in relation to the student's intergenerational initiative (e.g., as an advisor, program participant, community partner, etc)
 - a description of the applicant's contributions to multigenerational engagement and connection;
 - a reflection on the applicant's professional promise for post-secondary higher education;

- how the scholarship match award will be used by the initiative, including what you have discussed with this student related to how the scholarship match award will be used by the school, student's initiative or community partner;
- any other data regarding the applicant's personal characteristics, strengths, capabilities, or other experiences that would strengthen the student's application for an OMEGA Scholarship.

Please keep recommendation letters to no more than 2 pages in length.

Note: Each OMEGA scholarship will award a \$5000 college scholarship to the winning student and \$1000 to the winning student's intergenerational initiative to support its activities to build relationships between teens and older adults. For more information about the OMEGA match, please visit our website at <https://agelab.mit.edu/get-involved/outreach/omega/>.

Students' applications will be considered incomplete and will not be reviewed until a recommendation letter is submitted.

Recommendation letter

Please copy and paste or type your recommendation below. When you reach the end of this first page please stop and continue writing on the second page below to ensure we can view all of your contributions.

